

## **Adaptive Events for Badger State Games – Nordic Skiing**

The adaptive ski events are new this year for the Badger State Games and will provide an opportunity for those meeting the following criteria to participate and compete. Since these are new events for the BSG, there will need to be some flexibility in structure as we attempt to accommodate a wide variety of individuals with varying capabilities into a fair and safe competition.

### **Adaptive Skier Definitions**

Adaptive skiers can include any of the following categories that are utilized by the International Paralympic Committee (IPC) for their competitions. The three main categories are Standing, Sitting and Visually Impaired. Further definitions are provided below for each grouping.

#### **Standing (ST)**

##### **w/Leg Impairment**

- LW2 one leg impairment: I.e amputation above knee
- LW3 Impairment in both: I.e. weakness in both legs
- LW4 impairment in one leg: I.e. amputation below knee

##### **w/Arm Impairment**

- LW 5/7 Impairment in both arms cannot use poles.
- LW6 single arm impairment, ski with one pole: I.e. single arm amp. above elbow.
- LW8 moderate impairment below elbow: I.e amp. below elbow

#### **Sit Skiers (SI)**

- LW10 unable to sit without support (para)
- LW10.5 can sit w/out support when not in motion
- LW11 Fair trunk control can sit while moving
- LW11.5 near normal trunk control.
- LW12 Similar to LW 2-4

#### **Visual Impairment (VI)**

- B1 either blind or have low visual acuity (cannot recognize 'E' at 25 CM)
- B2 higher Visual Acuity than B1 (cannot recognize 'E' at 4m)
- B3 <40 degree diameter or a low visual acuity

Guide skiers are allowed for all skiers to provide assistance as needed to navigate the course safely for the participant and other skiers for all categories of this competition.

**Events:** Specific adaptive races of 1K and 3K will be held using a mass start. Waves may be established by adaptive division based on the number of skiers registered. The 3K will have two alternatives. There will be a 3K challenge course that will be provided for the standing and visually impaired skiers as well as those sit-skiers up to the challenge. The second 3K option will be a lap race on the 1K course. The 3K challenge course has more vertical climb and may not be suitable for all sit-skiers.

Note that any adaptive skier may participate in the general race categories if they desire and would compete as any other skier. Guide skiers would be allowed in those cases.

**Factored Times:** Skiers will be started as a mass start. Final times will be adjusted based on the skiers compensation percentage based on their level of physical impairment. A table will be provided to set the compensation for each skier.

**Awards:** Medals are awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place for most events in the BSGs based on distance and age group. For the Adaptive races, the exact award categories are yet to be defined and will be somewhat subject to the participation across the various divisions. However, we anticipate providing medals for each of the three primary adaptive divisions for each race.

**Facility Accommodations:** The races are held at the Nine Mile Forest Ski Trails. General facilities include a heated building which meets ADA accessibility guidelines including bathroom facilities. In addition, a large heated tent for all competitors will be available that includes concessions, tables, and a changing area. Port-a-potties will be available near the tent that will include at least one handicap accessible unit.

Adaptive skiers will be able to use the back parking area for drop off, but vehicles will need to be parked in the main parking areas due to space limitations. If parking assistance is needed, please contact us ahead of time so arrangements can be made with our volunteer staff to serve your needs.

The tent and port-a-potties are located in the back parking area and the surface is plowed close to the gravel surface. Even though it is a hard surface, it can be slippery and somewhat irregular and you should be prepared accordingly.

Access to the ski courses from the parking area is immediate. You should be able to transfer from the hard surface parking area to a skiable surface within a matter of a few feet. A transition zone for ski skiers will be designated that will allow one to transfer direct to their skis and back.